

Hong Kong Satir Center for Human Development

President's Report for the Year 2018

1. Our Works in 2018

With an aim to provide 3C (competent, confident and congruent) Satir counselors, our PCCC 12 started on 12 Jan 2018 with 36 students and 12 facilitators.

On 12 May 2018, Dr John Banmen gave a talk on “The Satir Model: The Synthesis in Modern Context”. Although Dr. Nitza Broide-Miller cancelled her workshop due to illness, she is now in a steady recovery progress. In addition, Mr. Stephen Buckbee and Ms. Jennifer Nagel returned to us for a second time to conduct workshops.

For local trainers, a deep gratitude must go to Dr. Marie Lam who continues to lead both personal growth workshops and professional training programs. Not only that, she squeezed time out of her busy schedule to fill up the slot vacated by Dr. Nitza Broide-Miller. Same thanks also goes to many local trainers who help us to spread the Satir Model.

In September 2018, Hong Kong Marriage and Family Therapy Association held a local conference to pay tribute to Virginia Satir on her 30th death anniversary. We together with Green Pasture Whole Person Development Centre participated as co-sponsored institutes. The event turned out to be very successful with over 200 attendants. There we saw many local good-hearted family therapists working together to make Hong Kong a better place in family health.

As at end of Oct 2018, the Center has a total of 656 active cases. One hundred and forty-nine counsellors have offered 4,097 sessions while 20 supervisors offered 385 supervision-on-counselling sessions. Being a charitable organization, the Center granted fee reduction to 44 counselling cases with an estimated subsidy of HK\$84,345. An award scheme to waive part of course fee for 26 most active voluntary counsellors continued to take place in 2018.

Program on Pastel Nagomi Art was conducted for PCCC Alumni. The PCCC Alumni also had an outing with the children from a small group home.

The validated scale, “Perceived Self-Transformation Scale (PSTS-17)” that measures the concept of transformation in the Satir transformational systemic therapy was published on Contemporary Family

Therapy Journal in July 2018. This is a reliable and valid measure for the constructs of self-transformation in Chinese Cohort in Hong Kong.

The new book, “看！我可以活得更自在” comprising 20 stories on the local application of the Satir Model in Hong Kong was published in Sep 2018.

Lastly, I would like to take this opportunity to thank two groups of people – Ms. Joanna Wai and her office staff and the eight Board of Directors. Together we formed a high-spirited team to face our challenges and opportunities.

2. Our Hopes in Future

Apart from Dr. Marie Lam, Ms. Winnie Chik, Ms. Christine Wong, Ms. Rose Tam, Ms. Leona Yan and Mr. Andrew Liu had assisted greatly in workshop interpretation. Hopefully this interpretation team would start to grow and many more would join them. Similarly, many new trainers were seen in our professional and in-house training. The Board will surely continue to offer more different courses and invite more overseas and local trainers to join us.

3. Profile and Statistics for the Year 2018

<u>List of Board of Directors</u>	<u>List of Staff</u>
Mr. Caesar Chan (President)	Ms. Joanna Wai (Manager)
Mr. John Hung (Treasurer)	Ms. Karen Wong (Assistant Manager)
Ms. Christine Wong (Secretary)	Ms. Nicole Kwok (Executive Officer)
Ms. Celine Lau (Counselling Director)	Ms. Perry Ng (Program Assistant)
Mr. Andrew Liu (Program Director)	Ms. Kelly Pong (Clerical Assistant)
Ms. Helena Kwong (Membership Director)	Ms. Bobo Cheung (Clerical Assistant)
Mr. Ng Chi Man (Publication and Research Director)	Ms. Carmen Lee (Part-time Clerical Assistant)
Ms. Leona Yan (Service Development Director)	Ms. Poon Mo Kit (Part-time Workman)

Membership (As at end of Oct 2018)

Categories	No. of Heads
Affiliate	251
Ordinary	225
Professional	148
Total	624

Program Summary

Program	No. of Program	Attendance
Personal Growth Experiential Workshop	12	269
Professional Training	14	314
Professional Seminar & Live Demonstration	1	106
Conference	1	222
Service Delivery by Invitation	5	135
In-house Training	2	52
Video Sessions (from Nov 2017-Oct 2018)	9	148
Total	44	1,246

Personal Growth Experiential Workshop

Trainer	Program
Dr. Marie Lam	<ul style="list-style-type: none"> Exploring the Satir Model of Family Therapy for Personal and Professional Development; “Letting Go” Personal growth Experiential Workshop “Unblock the Blockages” Personal Growth Experiential Workshop
Ms. Christine Cheung & Mr. Chi Hin Cheong	<ul style="list-style-type: none"> Non-violent Communication and Mindfulness
Mr. Christopher Ng	<ul style="list-style-type: none"> Parenting Workshop
Ms. Chan Siu Ling	<ul style="list-style-type: none"> Charismatic Life for Lady
Dr. Eve Wong	<ul style="list-style-type: none"> Reaching the Self and Re-experiencing the Life-force on the Integrated Use of Expressive Arts and the Satir Model (workshop and debriefing)
Mr. Man Ka On	<ul style="list-style-type: none"> Use of the Satir Model for Children’s Spiritual Development for Better Resilience

Professional Training, Seminar and Live Demonstration

Dr. John Banmen	<ul style="list-style-type: none"> The Satir Model: The Synthesis in Modern Context
Dr. Marie Lam & Ms. Chan Siu Ling	<ul style="list-style-type: none"> Professional Counseling Certificate Course

Dr. Marie Lam	<ul style="list-style-type: none"> Supervision Workshop — “When I meet someone”
Mr. Stephen Buckbee	<ul style="list-style-type: none"> Applications of the Satir Mandala in Counseling Setting
Ms. Jennifer Nagel	<ul style="list-style-type: none"> Effective Strategies for Developing and Nurturing Healthy Self-esteem in Children Using the Satir Model
Mr. Raymond Chan	<ul style="list-style-type: none"> Application of Satir Model in Counseling Cancer Patient
Ms. Chan Siu Ling	<ul style="list-style-type: none"> Foundation Counseling Course in the Satir Model
Ms. Connie Au & Dr. Cat Chung	<ul style="list-style-type: none"> Application of the Satir Model in School Setting (Elementary level)
Ms. Jennifer Chow and Ms. Tang Yuen Yee	<ul style="list-style-type: none"> Application of the Satir Model in Integrated Family Services Centre
<u>Conference</u>	
2018 HKMFTA Annual Conference: Commemorating Virginia Satir 30th Death Anniversary	
<u>Service Delivery by Invitation</u>	
Dr. Marie Lam & Ms. Chan Siu Ling	<ul style="list-style-type: none"> Introduction and Application of the Satir Model
Ms. Sharon Chau	<ul style="list-style-type: none"> Introduction to the Satir Model
Ms. Angela Wong	<ul style="list-style-type: none"> Basic Counseling Training Using the Satir Model
Ms. Connie Au	<ul style="list-style-type: none"> Communication and Counseling with Cancer Patients (Children) and their Families
Mr. Simon Leung	<ul style="list-style-type: none"> Introduction to the Satir Model
<u>In-house Training</u>	
Mr. Chau Ming Lok	<ul style="list-style-type: none"> Understanding the Inner World with Pictures
Mr. Chau Chun Yam	<ul style="list-style-type: none"> Hakomi
<u>Video Sessions</u>	
Mr. Christopher Ng	<ul style="list-style-type: none"> 227 video session

Caesar Chan
President
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