



**Hong Kong Satir Center
For Human Development**

Effective Strategies for Nurturing and Growing the Self Esteem of Youth (8P-17)



Trainer: Ms. Jennifer Nagel, MA, RCC
Translator: Translation Team of HKSC

Date: 28-29 Oct 2017

**(Workshop is conducted in English,
with Cantonese interpretation.)**

Tel: (852) 2336 3121
Fax: (852) 2339 1296
E-mail: office@hksatir.org
Website: www.hksatir.org
Office Address: 11th Floor,
Breakthrough Centre, No.191
Woosung Street, Kowloon, Hong Kong

*Trainer—
Ms Jennifer Nagel, MA, RCC*



- © Jennifer obtained her Bachelor of Arts Honours degree in Psychology from Queen's University in Kingston, Ontario, and her Master of Arts degree in Counselling Psychology from the University of British Columbia in Vancouver;
- © She is a member of the British Columbia Association for Clinical Counsellors, the International Family Therapy Association, and is the appointed Director of Training for the Satir Institute of the Pacific (SIP);
- © She has been doing training in the Satir Model with a diversity of groups including therapists, educators, schools, community groups, at-risk adolescents, non-profit organizations and corporate groups;
- © She also works with individuals, couples, families and youth in private practice;
- © She has presented many workshops and training programs in Canada, China, and Kenya.

Format

- Lectures, small group discussions, structured exercises, demonstrations, experiential learning and skill practice sessions

Target

- Youth workers, counsellors, social workers, teachers, parents and anyone who works with adolescents (no prior experience with the Satir Model is required)

There are many adolescents who experience themselves struggling with the challenges of growing up. Virginia Satir stated “negotiating the adolescent state is neither quick nor easy. Both parents and adolescents need to develop patience, and keep talking and loving, to make it work. In this period of tremendous change, everyone becomes new to each other, and people have to get to know one another all over again. Approaching this with more love than fear will often be the difference between success and failure.”

Learning Goals & Content

- This two-day program will explore what contributes to the healthy emotional development of youth;
- Participants will learn experiential approaches and techniques for responding to adolescent behaviours and reactive emotions in effective, loving, and supportive ways;
- We will be looking at ways to nurture a supportive atmosphere in which adolescents can thrive;
- Some basic concepts of the Satir Model, in regards to working with adolescents will be covered.

Objectives

In the program, the participants will learn to work with youth in more positively directional, mindful, and holistic ways by:

- knowing and experiencing their inner selves;
- discovering their strengths and resources;
- exploring relationship patterns and opening up to new possibilities;
- discovering new ways to nurture and develop healthy self-esteem in youth.

Details of 8P-17

Date: 28-29 Oct 2017 (Sat-Sun)

(28 Oct 2017 as public holiday)

Time: 10am-5:30pm (1.5-hour break for lunch)

Venue: Hong Kong Satir Center

Fee:

Early Bird Rate (Registered on or before 4 Aug 2017)

member price: \$2,100 non-member price: \$2,625

Regular Rate (Registered on or after 5 Aug 2017)

member price: \$2,400 non-member price: \$3,000

(Application for membership is welcome. Membership form can be downloaded from www.hksatir.org.)

No. of Seats: 27

Language: English (with Cantonese interpretation)

Videotaping: The workshop process will be videotaped for purposed of record, evaluation, training, publication & future study by trainer & the participants.

Certificate: Certificate of Attendance for those who have at least 80% (3 sessions) attendance

Registration: Please return filled registration slip & pay by cheque, transfer through ATM or cash on or before 28 Sep 2017. (Please refer to below "Payment Methods" for the details.)

In case of withdrawal from 29 Sep to 11 Oct 2017, 10% of the paid course fee would be deducted in the refund. No refund for withdrawal on or after 12 Oct 2017. No refund of membership fee for any withdrawal.

Deadline of Registration: 28 Sep 2017

Payment Methods

1. Cheque: Mail crossed cheque payable to "Hong Kong Satir Center for Human Development Limited". Please write down name, contact no. & course code at the back of the cheque.

2. Transfer through ATM
(Hang Seng Bank: 390-373249-883):

④ Email the receipt to: office@hksatir.org & write down the name, contact no. & course code on the receipt.

④ Seat to be confirmed by staff upon receiving the receipt.

3. Cash: Paying in person.

Hong Kong Satir Center

Effective Strategies for Nurturing and Growing the Self Esteem of Youth (8P-17):

Application Form

Name (Eng) _____ (Chi) _____ Sex: F/M*(cross as inappropriate)

Age _____ Occupation _____ Contact No _____ E-mail _____

Correspondence Address _____

Member Code _____ HKID (First 5 alphabets / digits): _____

Name Appearing on Certificate _____

Contact Person in case of emergency (Name) _____ (Tel) _____

Payment Details (please ✓ as appropriate):

	Early Bird Rate (signed up on or before 4 Aug 2017)	Regular Rate (signed up on or after 5 Aug 2017)
Member	<input type="checkbox"/> \$2,100	<input type="checkbox"/> \$2,400
Non-member	<input type="checkbox"/> \$2,625	<input type="checkbox"/> \$3,000

Cheque No: _____ / _____

Remarks: Please return this registration slip & pay by cheque, transfer through ATM or cash on or before 28 Sep 2017. (Please refer to the payment methods outlined on the brochure for the details.) In case of withdrawal from 29 Sep to 11 Oct 2017, 10% of the paid course fee would be deducted in the refund. No refund for withdrawal on or after 12 Oct 2017. No refund of membership fee for any withdrawal.

Declaration

1. I understand the above personal data are collected for registration purpose only. I have the right of access & correction with written request in accordance with the provisions of the Personal Data (Privacy) Ordinance.
2. I understand that the workshop is of educational but not therapeutic nature. In the process, I understand that I may be triggered emotionally. In case of need, I would take the initiative to seek for the counseling service or professional help.
3. I understand that the program process would be video-taped for purpose of record, evaluation, training, publication & future study by trainer & participants.
4. I have read this brochure. I understand and agree to the registration & refund arrangement.

Signature of Applicant _____ Date _____

Office Use

Cheque # _____ / _____

Cash ATM (with deposit receipt)

Amount HK\$ _____ Receipt# _____

Date _____ Staff _____

Remarks _____

