



**Hong Kong Satir Center
For Human Development**

Family Reconstruction

**Personal Growth Experiential Workshop
(FRE-15)**



Dr. Maria Gomori

Date: 28 Mar - 31 Mar 2015

**(Workshop is conducted in English,
with Cantonese interpretation.)**

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Virginia Satir

One of the major pioneers in the development of family therapy. She is often referred to as "Everybody's Family Therapist", and the "Columbus of Family Therapy". Satir based her approach on personal growth rather than illness. She focused on health & healing of the individual human spirit by connecting with the universal life force.

Trainer—Dr. Maria Gomori
(Ph.D., M.S.W., Dip.C.)

- Ⓢ Established an international reputation as an inspiring teacher & therapist
- Ⓢ Has made significant contributions to psychiatric & social work training
- Ⓢ Worked intensively with Virginia Satir for over 20 years
- Ⓢ With long & disciplined background in the field of family therapy
- Ⓢ Approved Supervisor with the American Association of Marriage and Family Therapy (AAMFT)
- Ⓢ Retired Associate Professor with the Faculty of Medicine at the University of Manitoba
- Ⓢ Faculty member and advanced trainer at the Virginia Satir Global Network (formerly Avanta) since 1981

Maria's remarkable life is documented in her biography "Passion for Freedom: Maria's Story." In 2008, Hong Kong Satir Center published her book "Personal Alchemy, the Art of Family Reconstruction" co-authored with Eleanor Adaskin.

Target

- (a) Those having prior experience in Satir workshop (at least 3 days) recognized by Hong Kong Satir Center &
- (b) Those knowing communication stances, rule transformation, iceberg & family maps

Remarks: All participants have to bring along with their family map at class

Objectives

This is a process to experience personal growth, by...

- Leading you to a journey of family reconstruction
- Empowering you to take charge of your life to become more responsible & fulfilled
- Challenging you to get in touch with your resources, integrate them & be in charge of them
- Inspiring you to reconnect yourself with your spirituality to become more fully human
- Enhancing you to connect with your parents & family members on the levels of their & your personhood
- Raising your self-awareness & a better use of Self as a counselor
- Strengthening your counseling abilities by understanding your family of origin dynamics

Content

- (a) *Workshop: The trainer will demonstrate no more than 3 family reconstruction transformations in the large group. From these universal demonstrations, stars & participants will have the opportunity to learn and to utilize the experience for their own growth.*
- (b) *Group Discussion: Participants will practice, share and discuss in the trios about their family maps, communication stances, wheels of influence and other tools of the Satir Model. The hope is that participants will learn to feel better about themselves with self-responsibility in discovering more choices & more resources.*
- (c) *Group Assignment: Participants will form small groups for discussion & practice. Attendance in these evening Groups is mandatory to obtain a certificate.*

Method of Teaching

Lecture, demonstration, experiential exercises, discussion & practice in small groups

Reference

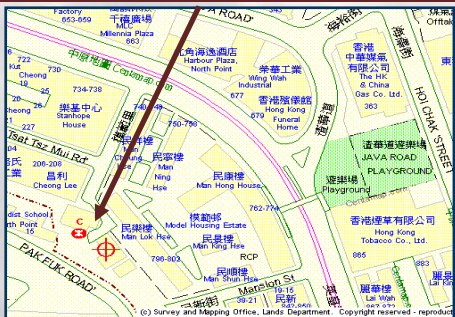
Personal Alchemy: the Art of Satir Family Reconstruction (Chinese Version: 心靈的淬鍊)
(Available for sale in Hong Kong Satir Center)

Other Details

Date: 28-31 Mar 2015 (Sat - Tue)
 Time: 10am-5:30pm (1.5 hour for lunch)
 (Please kindly reserve 5:30-7:00pm for the assignment on 1st-3rd day)
 Venue: 25/F, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong
 Seat: 48
 Videotaping: The workshop process would be video-taped for purpose of record, evaluation, training, publication & future study by trainer, interns & participants
 Certificate: Certificate of Attendance granted for those having at least 80% (3 full days) of attendance in the workshop & full attendance in the evening assignment sessions
 Language: English (with Cantonese consecutive translation)
 Course Fee: Member price: \$4,760
 Non-member price: \$5,950
 Registration: Please fill the application form & submit to HKSC with crossed cheque payable to "Hong Kong Satir Center for Human Development Limited" on or before 27 Feb 2015. In case of withdrawal during 28 Feb to 13 Mar 2015, 10% of the course fee paid would be deducted in the refund. In case of withdrawal after 13 Mar 2015, no refund would be arranged. No refund of membership fee for any withdrawal. The Center reserves the right to cancel the workshop in case of particular conditions.
 Deadline of Registration: 27 Feb 2015

Workshop Venue:

The Hong Kong Federation of Youth Groups Building



鯽魚涌港鐵站模範里 C 出口 Quarry Bay MTR Station Exit C

Family Reconstruction Personal Growth Experiential Workshop (FRE-15): Application Form

Name (Eng) _____ (Chi) _____ Sex: F/M*(cross as inappropriate)
 Age _____ Occupation _____ Contact No _____ E-mail _____
 Correspondence Address _____
 Member Code _____ HKID (First 5 alphabets / digits): _____
 Name Appearing on Certificate _____
 Contact Person in case of emergency (Name) _____ (Tel) _____
 I have the chronic illness: _____ & have/have not* attended regular treatment.
 (*cross as inappropriate).

Satir Workshop Experience

Name of Workshop	Trainer	Year (No. of Days)	Organizer

Payment Details (please ✓ as appropriate):

Member price: \$ 4,760 Non-member price: \$5,950
 Cheque No: _____ / _____

- Application:** Please fill the application form & submit to HKSC with crossed cheque payable to "Hong Kong Satir Center for Human Development Limited".
- Withdrawal:** In case of withdrawal during 28 Feb to 13 Mar 2015, 10% of the course fee paid would be deducted in the refund. In case of withdrawal after 13 Mar 2015, no refund would be arranged.
- Fee Waiving:** In case of need, you may contact the staff of HKSC for the details.
- Remarks:**
 - I understand that the workshop process would be video-taped for purpose of record, evaluation, training, publication & future study by trainer, interns & participants.
 - I am willing to provide the above personal data for registration purpose.
 - I have the right of access & correction with written request in accordance with the provisions of the Personal Data (Privacy) Ordinance.
 - I understand that the workshop is of educational but not therapeutic nature. In the process of self-exploration, I understand that I may be triggered emotionally or psychologically. In case of need, I would take the initiative to seek for the professional counseling service.
 - I have sought the view of concerned counselor/medical worker/professionals, who have confirmed that I am fit to attend this course physically & psychologically.
 - I have read this brochure. I understand and agree to the arrangement.

Signature of Applicant _____ Date _____

Office Use

Cheque # _____ / _____ Receipt# _____ Amount _____
 Date _____ Staff _____ Remarks _____