



**Hong Kong Satir Center
For Human Development**

Workshop for Professional Growth - Using the Satir Model for Transformational Change

(PGW-17)



**Trainer: Dr. Maria Gomori
Translator: Dr. Marie Lam**

Date: 13 Oct - 16 Oct 2017

**(Workshop is conducted in English,
with translation in Cantonese.)**

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About the Trainer — Dr. Maria Gomori (Ph.D., M.S.W., Dip.C.)

- Established an international reputation as an inspiring teacher & therapist
- Has made significant contributions to psychiatric & social work training
- Worked intensively with Virginia Satir for over 20 years
- With long & disciplined background in the field of family therapy
- Retired Approved Supervisor with the American Association of Marriage and Family Therapy (AAMFT)
- Retired Associate Professor with the Faculty of Medicine at the University of Winnipeg, Manitoba
- Founder and Director of training of the Manitoba Satir Institute
- Faculty member and advanced trainer at the Virginia Satir Global Network (formerly Avanta) since 1981

Maria's remarkable life is documented in her biography "Passion for Freedom: Maria's Story." In 2008, Hong Kong Satir Center published her book "Personal Alchemy, the Art of Family Reconstruction" co-authored with Eleanor Adaskin". Her books, "Elephant in the Room" & "Meeting You Across the River" were published in 2013.

Content

The Satir Model requires that the therapist has a high level of therapeutic competence and congruence. The therapist's integrity and use of Self is the most important tool to create a safe environment for change for their clients. The focus of the program will be using the Satir Model for transformational change (with individuals, couples, families and Self). In this program, you will have the opportunity to:

- Understand and utilize the basic therapeutic belief system of the Satir Model.
- Use the iceberg model to access people's yearnings and to transform their behaviors, feelings, perceptions and expectations in order to get what they want.
- Utilize family-of-origin maps (genograms) to surface personal and family dynamics.
- Use sculpting and other creative tools to bring coping and relationship patterns into awareness.
- Transform family rules into acceptable guidelines.
- Understand and use people's third birth opportunities in therapy.
- Use experiential process throughout a therapy session.

Objectives

After the program, you will have learnt to:

- Make contact with clients in congruence and with high self-esteem.
- Find out what clients want on the iceberg's "I am" level.
- Help people to reduce the impact of past events and negative experiences.
- Support people to let go what no longer fits and enhance self-acceptance and self-love.
- Help people to access, accept and utilize internal strengths and resources.
- Help people to raise their self-esteem and increase their choice-making possibilities.
- Help people to be responsible choice makers, be congruent to themselves and connect with their parents as people rather than via their roles.
- Help people to integrate and maintain their changes.
- Become more whole within themselves and be effective in using the Satir Model in therapy.

Format

Lecture, demonstration, experiential exercises, case discussion & practice in small groups

Other Details

Date: 13 – 16 Oct 2017 (Fri - Mon)

Time: 10am-5:30pm (1.5 hour for lunch)

(Please kindly reserve 5:30-7:00pm for the assignment on 1st-3rd day)

Venue: (*We will use two different venues this time.)

Date	Venue
13-15 Oct 2017 (Fri - Sun)	25/F, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong (See Map #1)
16 Oct 2017 (Mon)	Meeting Room 5-7, 1/F, Olympic House, 1 Stadium Path So Kon Po, Causeway Bay, Hong Kong (See Map #2)

Target: We would invite practicing counselors, therapists or helping professionals who are

i) PCCC graduates of HKSC (or equivalent); or ii) FRT graduates of HKSC

(*Remarks: Participants should be familiar with the Satir Model and are presently working with clients.)

Seat: 36

Language: English (with translation in Cantonese)

Video Taping: The workshop process would be video-taped for purpose of record, evaluation, training, publication & future study by members of teaching team & participants.

Certificate: Certificate of Attendance granted for those having at least 80% (3 full days) of attendance in the workshop & full attendance in the evening assignment sessions.

Remarks: All the participants are recommended:

i) bring details on a case for presentation & discussion in the small group

ii) review the books, “Personal Alchemy” (心靈的淬鍊), “Elephant in the Room” (大象在屋裡) & “The Satir Model” (薩提爾的家族治療模式)

Tuition fee: **Early Bird Rate (Registered on or before 1 Aug 2017):** \$5,960 (Member) \$7,450 (Non-member)

Regular Rate (Registered on or after 2 Aug 2017): \$6,200 (Member) \$7,750 (Non-member)

(Application for membership is welcome. Membership form can be downloaded from the Center’s website.)

Registration: Please fill the application form & submit to HKSC with crossed cheque payable to “Hong Kong Satir Center for Human Development Limited” on or before 12 Sep 2017. In case of withdrawal during 13 Sep to 28 Sep 2017, 10% of the program fee paid would be deducted in the refund. In case of withdrawal after 28 Sep 2017, no refund would be arranged. No refund of membership fee for any withdrawal. The Center reserves the right to cancel the program in case of particular conditions.

Deadline of Registration: 12 Sep 2017

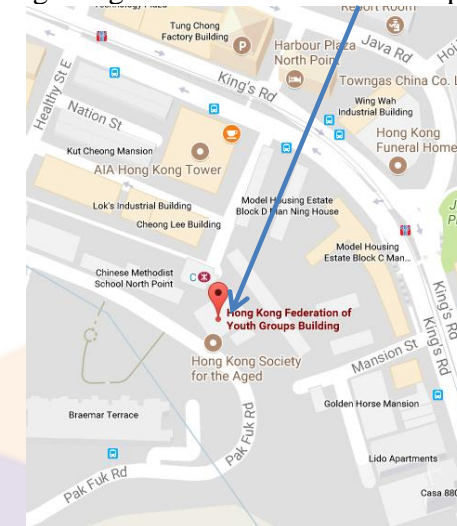
Payment Methods

- Cheque: Mail crossed cheque payable to “Hong Kong Satir Center for Human Development Limited”. Please write down name, contact no. & course code at the back of the cheque.
- Transfer through ATM (Hang Seng Bank: 390-373249-883):
 - Email the receipt to: office@hksatir.org & write down the name, contact no. & course code on the receipt.
 - Seat to be confirmed by staff upon receiving the receipt.
- Cash: Paying in person.

Map of Workshop Venue

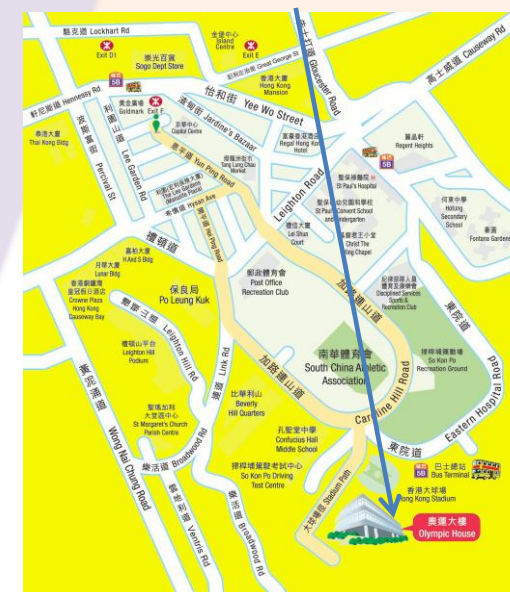
Map #1---Venue for 13-15 Oct 2017:

The Hong Kong Federation of Youth Groups Building



Quarry Bay MTR Station Exit C

Map #2---Venue for 16 Oct 2017: Olympic House



Suggested Transportation:

Take City Bus 5B out of Sogo Department Store at Hennessy Road to the Terminal, Hong Kong Stadium (Headway: 15 minutes, No. of stops: 4)