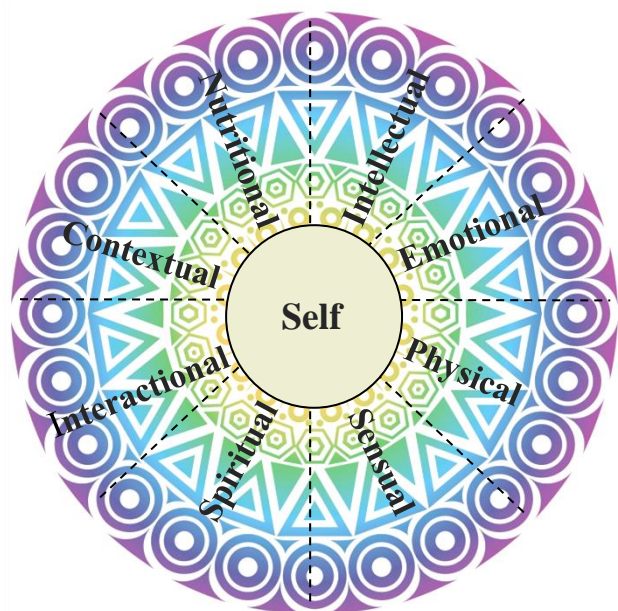




**Hong Kong Satir Center  
For Human Development**

## **Applications of the Satir Mandala in Counseling Setting**

(AMC-18)



**Trainer: Mr. Stephen B. Buckbee**

**Date: 31 May-3 Jun 2018**

**(Workshop is conducted in English,  
with Cantonese interpretation.)**

Tel: (852) 2336 3121

Fax: (852) 2339 1296

E-mail: office@hksatir.org

Website: www.hksatir.org

Office Address: 11th Floor,  
Breakthrough Centre, No.191

Woosung Street, Kowloon, Hong Kong

*Trainer—*

*Mr. Stephen B. Buckbee*



- Ⓢ Licensed Master Social Worker, professional counselor & trainer; Having the expertise working with substance abuse & criminal cases; Coordinated and taught in the “Human Services” program for 24 years at Bay de Noc Community College in Escanaba, Michigan, US; He is a partner & trainer for BDD Training Associates inc., which works with various social institutions on a wide range of topics.
- Ⓢ Devoted to develop Satir resources; Created the online Satir course called the “Satir Process” written by Sharon Loeschen & developed a second online course with Sharon Loeschen called “Satir Fundamentals”; Web Moderator for the Virginia Satir Global Network Facebook Page.
- Ⓢ Member and board member of the Virginia Satir Global Network.
- Ⓢ Clinical member of The Satir Institute of the Pacific.

### *Learning Goals & Content*

- Virginia Satir developed models to explore the universality of the human experience; among them was the “Self Mandala”. She saw the Mandala as a means for people to understand, integrate, and manage their lives. She divided the Self Mandala into eight dimensions, with the center being the self. Around the self, in a Mandala form, are the physical, emotional, intellectual, interactional, sensual, nutritional, contextual and spiritual dimensions.
- Satir experientially surfaced each dimension into the conscious awareness of individuals, resolving the conflicts between the dimensions, and then integrated them to help individuals become more wholesome and in charge of their lives.
- In this program, the Trainer will present applications of the “Self Mandala” in various contexts from teaching to therapy, with systemic perspective of human systems and their interaction.

### *Objectives*

After the program, the participants will be able to understand the Mandala dimensions as human universals & make use of it in below aspects:

- ✿ To teach about systems and communication.
- ✿ To deepen the understanding of the Iceberg.
- ✿ To look at family systems and gain an understanding about how system rules are created.
- ✿ To understand the effect on the communication stances, in view of the vulnerabilities of different dimensions of the Mandala.
- ✿ To teach and explore the process of change.
- ✿ To teach and use the temperature reading to set clients’ goals and explore their resources.
- ✿ To explore resources and goal setting for children and adults, by creating collage, that is a projective technique in teaching & doing therapy.

### *Format*

- The workshop will be experiential and didactic.

### *Target*

- Ⓢ Helping professionals with Satir Model training background & experience in offering counseling

### *No. of Seat*

- 45

### *Language*

- ✿ English (with Cantonese interpretation)



## Details

**Date:** 31 May-3 Jun 2018 (Thu-Sun)

**Time:** 10am-5:30pm (1.5-hour break for lunch)

**Venue:** 25/F,

The Hong Kong Federation of Youth Groups Building,  
21 Pak Fuk Road,

North Point,  
Hong Kong (See Map)

(Quarry Bay

MTR Station

Exit C)



## Fee:

Early Bird Rate (Registered on or before 3 Apr 2018)

member price: \$3,500 non-member price: \$4,375

Regular Rate (Registered on or after 4 Apr 2018)

member price: \$3,700 non-member price: \$4,625

(Application for membership is welcome. Membership form can be downloaded from [www.hksatir.org](http://www.hksatir.org).)

**Videotaping:** The workshop process will be video-taped for purposed of record, evaluation, training, publication & future study by members of the training team & the participants.

Certificate: Certificate of Attendance for those who have at least 80% attendance

**Registration:** Please return filled registration slip & pay by cheque, transfer through ATM or cash on or before 2 May 2018. (Please refer to below "Payment Methods" for the details.)

In case of withdrawal from 3 May to 16 May 2018, 10% of the paid course fee would be deducted in the refund. No refund for withdrawal after 16 May 2018. No refund of membership fee for any withdrawal. The Center reserves the right to cancel the course in unforeseeable conditions.

**Deadline of Registration:** 2 May 2018

## Payment Methods

1. Cheque: Mail crossed cheque payable to "Hong Kong Satir Center for Human Development Limited". Please write down name, contact no. & course code at the back of the cheque.

2. Transfer through ATM (Hang Seng Bank: 390-373249-883):

✉ Email the receipt to: [office@hksatir.org](mailto:office@hksatir.org) & write down the name, contact no. & course code on the receipt.

✉ Seat to be confirmed by staff upon receiving the receipt.

3. Cash: Paying in person.

## Hong Kong Satir Center for Human Development

### Application of Satir Mandala in Counseling Setting (AMC-18): Application Form

Name (Eng) \_\_\_\_\_ (Chi) \_\_\_\_\_ Sex: F/M\*(cross as inappropriate)

Age \_\_\_\_\_ Occupation \_\_\_\_\_ Contact No \_\_\_\_\_ E-mail \_\_\_\_\_

Correspondence Address \_\_\_\_\_

Member Code \_\_\_\_\_ HKID (First 5 alphabets / digits) \_\_\_\_\_

Name Appearing on Certificate \_\_\_\_\_

Contact Person in case of emergency (Name) \_\_\_\_\_ (Tel) \_\_\_\_\_

## Satir Workshop Experience

Name of Workshop	Trainer	Date (No. of Days)	Organizer

## Payment Details (please ✓ as appropriate):

	Early Bird Rate (signed up on or before 3 Apr 2018)	Regular Rate (signed up on or after 4 Apr 2018)
Member	<input type="checkbox"/> \$3,500	<input type="checkbox"/> \$3,700
Non-member	<input type="checkbox"/> \$4,375	<input type="checkbox"/> \$4,625

Cheque No: \_\_\_\_\_ / \_\_\_\_\_

*Remarks: Please return this registration slip & pay by cheque, transfer through ATM or cash on or before 2 May 2018. (Please refer to the payment methods outlined on the brochure for the details.) In case of withdrawal from 3 May to 16 May 2018, 10% of the paid course fee would be deducted in the refund. No refund for withdrawal after 16 May 2018. No refund of membership fee for any withdrawal.*

## Declaration

- I understand the above personal data are collected for registration purpose only. I have the right of access & correction with written request in accordance with the provisions of the Personal Data (Privacy) Ordinance.
- I understand that the workshop is of educational but not therapeutic nature. In the process of self-exploration, I understand that I may be triggered emotionally or psychologically. In case of need, I would take the initiative to seek for the counseling service by the Center or help from other professional bodies.
- I understand that the program process would be video-taped for purpose of record, evaluation, training, publication & future study by members of the training team & participants.
- I have read this brochure. I understand and agree to the registration & refund arrangement.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

## Office Use

Cheque # \_\_\_\_\_ / \_\_\_\_\_ Cash ATM (with deposit receipt) Amount HK\$ \_\_\_\_\_

Receipt# \_\_\_\_\_ Date \_\_\_\_\_ Staff \_\_\_\_\_ Remarks \_\_\_\_\_