



## Hong Kong Satir Center For Human Development

### Effective Strategies for Developing and Nurturing Healthy Self-esteem in Children Using the Satir Model (SEC-18)



**Trainer: Ms. Jennifer Nagel, MA, RCC**  
**Translator: Translation Team of HKSC**

**Date: 26-28 Oct 2018**

**(Workshop is conducted in English,  
with Cantonese interpretation.)**

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*Trainer—*  
*Ms Jennifer Nagel, MA, RCC*



- Jennifer Nagel, MA, RCC has been doing training in the Satir Model with a diversity of groups including therapists, educators, teachers and students, community groups, at-risk adolescents, non-profit organizations and corporate groups; She is committed in offering programs in both therapeutic and developmental nature;
- She obtained her Bachelor of Arts Honours degree in Psychology from Queen's University in Kingston, Ontario, and her Master of Arts degree in Counselling Psychology from the University of British Columbia in Vancouver.
- She has presented many workshops and training programs in Canada, China, and Kenya. Jennifer is a member of the British Columbia Association for Clinical Counsellors, the International Family Therapy Association, the Virginia Satir Global Network (VSGN) and is the appointed Director of Training for the Satir Institute of the Pacific (SIP).
- Jennifer also works with individuals, couples, families and youth in private practice.
- She is the author of the book "Magic in the Muck: Finding Grace in Chaos".

#### *Target*

- Helping professionals (like counselors, social workers, teachers, counseling students etc) with basic knowledge on the Satir Model

#### *No. of Seat*

- 27

#### *Language*

- English (with Cantonese interpretation)

#### *Video-taping*

- The workshop process will be video-taped for purpose of record, evaluation, training, publication & future study by members of the teaching team & the participants.

Parents, teachers, counselors and anyone who is involved in a child's life all have a very important role in the healthy development of a child's self-esteem. How they see the child and how they respond to him or her has an impact on how the child values him or herself, and how they learn to respond to others and the world around them.

#### *Learning Goals & Content*

- This three-day program will explore what contributes to the healthy emotional development and sense of well-being of a child;
- Participants will learn attitudes, approaches and techniques for responding to children's behaviours and reactive emotions in effective, loving, and supportive ways;
- We will be looking at ways to nurture a supportive atmosphere in which children can thrive;
- This program will be experiential; participants can expect to learn and practice some specific ways of working with children while also looking at their own patterns of reacting and responding to different behaviours and emotions.

#### *Objectives*

In the program, the participants will learn to work with children by:

- Knowing and experiencing their inner selves;
- Discovering their strengths and resources;
- Exploring relationship patterns and opening up to new possibilities;
- Discovering new ways to nurture and develop healthy self-esteem in children;
- Experiencing and applying specific Satir Model interventions when working with children.

#### *Format*

- Lectures, small group discussions, structured exercises, demonstrations, experiential learning and skill practice sessions

#### *Certificate*

- Certificate of Attendance for those who have at least 80% attendance

## Details of SEC-18

**Date:** 26-28 Oct 2018 (Fri-Sun)  
**Time:** 10am-5:30pm (1.5-hour break for lunch)  
**Venue:** 11/F, Breakthrough Centre, No. 191  
 Woosung Street, Kowloon

### Fee:

**Early Bird Rate (Registered on or before 26 Aug 2018)**  
 member price: \$2,700 non-member price: \$3,375  
**Regular Rate (Registered on or after 27 Aug 2018)**  
 member price: \$3,000 non-member price: \$3,750  
 (Application for membership is welcome. Membership form can be downloaded from [www.hksatir.org](http://www.hksatir.org).)

**Registration:** Please return filled registration slip & pay by cheque, transfer through ATM or cash on or before 26 Sep 2018. (Please refer to below "Payment Methods" for the details.) Seat to be confirmed by staff.

**Deadline of Registration:** 26 Sep 2018

## Payment Methods

- Cheque: Mail crossed cheque payable to "Hong Kong Satir Center for Human Development Limited". Please write down name, contact no. & course code at the back of the cheque.
- Transfer through ATM (Hang Seng Bank: 390-373249-883):  
 Email the receipt to: [office@hksatir.org](mailto:office@hksatir.org) & write down the name, contact no. & course code on the receipt.
- Cash: Paying in person.

### Withdrawal Policy & Refund Arrangements:

Notice (by phone or email) is required for withdrawal. The refund arrangements are as follows:

Period of Notice	Refund arrangements
30 days or more ahead the program	Full refund
15 to 29 days ahead the program	10% of the paid course fee deducted in the refund
14 days or less than 14 days ahead the program	No refund

- No refund of membership fee for any withdrawal.
- The Center reserves the right to cancel the course in unforeseeable conditions. Program fee would be fully refunded in such case. No refund for the membership fee.
- The Center reserves the right to replace the trainer in unforeseeable conditions. The program would be continued and no refund would be arranged.

## Hong Kong Satir Center Effective Strategies for Developing and Nurturing Healthy Self-esteem in Children Using the Satir Model (SEC-18): Application Form

Name (Eng) \_\_\_\_\_ (Chi) \_\_\_\_\_ Sex: F/M\*(cross as inappropriate)

Age \_\_\_\_\_ Occupation \_\_\_\_\_ Contact No \_\_\_\_\_ E-mail \_\_\_\_\_

Correspondence Address \_\_\_\_\_

Member Code \_\_\_\_\_ HKID (First 5 alphabets / digits): \_\_\_\_\_

Name Appearing on Certificate \_\_\_\_\_

Contact Person in case of emergency (Name) \_\_\_\_\_ (Tel) \_\_\_\_\_

I have the chronic illness: \_\_\_\_\_ & have/have not\* attended regular treatment (\*cross as inappropriate).

### Satir Workshop Experience

Name of Workshop	Trainer	Year (No. of Days)	Organizer

### Payment Details (please ✓ as appropriate):

	Member	Non-member
Early Bird Rate (signed up on or before 26 Aug 2018)	<input type="checkbox"/> \$2,700	<input type="checkbox"/> \$3,375
Regular Rate (signed up on or after 27 Aug 2018)	<input type="checkbox"/> \$3,000	<input type="checkbox"/> \$3,750

Cheque No: \_\_\_\_\_ / \_\_\_\_\_

- Please return this registration slip & pay by cheque, transfer through ATM or cash. (Please refer to the payment methods outlined on the brochure for the details.)
- Withdrawal Policy & Refund Arrangements: Please refer to the Withdrawal Policy & Refund Arrangements outlined on the brochure for the details.
- Remarks:

- The program process would be video-taped for purpose of record, evaluation & future study by members of the training team & participants.
- Personal data is collected for registration purpose.
- Participants have the right of access & correction with written request in accordance with the provisions of the Personal Data (Privacy) Ordinance.
- Fee reduction is available for those in need. Please check with staff in case of need.
- The workshop is of educational but not therapeutic nature. In the process of self-exploration, participants may be triggered emotionally or psychologically. In case of need, participants should take the initiative to seek for the counseling service by the Center or help from other professional bodies.
- Participants should consult concerned counselor/medical staff/professionals for assessment if one is physically and mentally fit to attend this program.
- I have read and agree to all the above mentioned registration & refund arrangement.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

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### Office Use

Cheque # \_\_\_\_\_ / \_\_\_\_\_  Cash  ATM (with deposit receipt) Amount HK\$ \_\_\_\_\_

Receipt# \_\_\_\_\_ Date \_\_\_\_\_ Staff \_\_\_\_\_ Remarks \_\_\_\_\_