



## Hong Kong Satir Center for Human Development

### Talk 1: 'Living Happily, Healthy and Successfully during Times of Uncertainty and Rapid Change Using the Satir Model'

時局幻變，但我們可以活得自在安穩 ~ 沙維雅模式的應用

**Date:** 27 March 2021 (Saturday)

**Time:** 10:00am – 12:00pm

**Format:** Talk with Q & A session (via Zoom)

**Language:** English with Cantonese translation

**Targets:** Interested public

#### **Content:**

- *How to handle stressful life situations and emotions aroused at work, in family or other encounters in life?*
- *How to lead a better life with the Satir Model?*

**Fee:** \$100 (member); \$120 (non-member) ;

**Discount rate for both talks \$150 for member; \$190 for non-member**



**Speaker:**  
Dr. John Banmen



**Translator:**  
Dr. Marie Lam

**Registration:** <https://forms.gle/Pa4uYXYshAcs4WpYA>

**Payment:** <https://hksatir.org/paymenttjb-talks/>

**Applying for membership:** [https://hksatir.org/wp-content/uploads/2020/12/membership-form\\_Excel\\_revised.xlsx](https://hksatir.org/wp-content/uploads/2020/12/membership-form_Excel_revised.xlsx)

Zoom login details would be emailed to participants 3 days before the session.

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