



Hong Kong Satir Center for Human Development
The Musical Iceberg of Loss, Pain and Grief – Notes of Fleeting Thoughts
Five-day Zoom Program
(MUSG-22)

Course Details

- Dates:** 1, 8, 15, 22 and 29 March 2022 (Five 2-hour online sessions, via ZOOM platform)
- Time:** 7:30-9:30pm
- Language:** English (with English subtitles automatically generated by Zoom for reference)
- Target:** Helping professionals (no previous knowledge on Satir Model or music therapy required)
- Tuition:** Early bird rate for Member \$1540; Non-member \$1930 (registered on or before 10 Jan 2022)
Regular rate for Member \$1670; Non-member \$2090 (registered on or after 11 Jan 2022)
- No. of Seat:** 24
- Certificate:** Certificate of Attendance will be given to participants who have attained at least 80% attendance of the course.

About the Program

This workshop is intended for the Satir community of therapists and caretakers as a transformative learning experience for helping yourself and others growing awareness, insight, and acceptance in every stage of mourning and loss using music. It is based on the Satir model, music therapy interventions, contemporary understanding of the grief process, and finally “Notes on Fleeting Thoughts” – my personal journey of grief and music.

This Workshop Offers Participants

- ◆ Experiencing the use of music, poems, songs, writing and a variety of artistic expressions as tools in the process of bereavement and healing.
- ◆ Learning ways of implementing musical interventions in the grieving process;
- ◆ Sharing and learning from other group members about the musical journey of grief.

Topics Covered

- ◆ The use of music in rituals and musical meditation in grief and loss;
- ◆ Accessing emotions using music;
- ◆ Addressing perceptions and expectations of loss, death and grief;
- ◆ Connecting body-mind-spirit and sound-healing;
- ◆ The musical mandala of personal resources in loss, pain and grief.

Course Format

- ◆ Each topic contains theoretical overview; musical examples; experiential work; sharing in groups conclusions and home assignments.

Our Trainer - Beth Nemesh, PhD, MT-BC, LMFT



- ◆ PhD in Expressive Arts Therapies, Board-Certified Music Therapist.
- ◆ Licensed Marital Family Therapist and Certified Body-Mind Psychotherapist, and Co-founder of the Israel Satir Institute of the Galilee.
- ◆ Researching the field of family-music therapy, with publication of articles and presentation of her work at national and international conferences, and having rich experience in working with children, adolescents, couples, and families.
- ◆ Devoting to advocate for the integration of expressive arts in family therapy training, emphasizing the innovative use and integration of musical interventions with Satir Transformational Systemic Therapy, committing to conduct workshops for counselors and therapists around the world including Israel, United States, Canada, Hong Kong and China.

Registration

Please sign up at: <https://hksatir.org/course/> on or before 31 Jan 2022

Payment method

1. Cash pay in person at our Center.
2. Crossed cheque payable to: "Hong Kong Satir Center for Human Development Limited" Please specify the course code and applicant's name and contact.
3. FPS / Bank transfer FPS

FPS (Bank of East Asia FPS ID: 2100857)

Bank transfer (Hang Seng Bank: 390-373249-883)

Please write your name & course code as the "message to payee" & send the transfer record to: satir4@hksatir.org or WhatsApp: 68787974.

Application is regarded as successful only after a confirmation email is issued to applicants.

Zoom login details would be provided 3 days before the first session.

For more details of this program, please click:

https://hksatir.org/wp-content/uploads/2021/12/MUSG-22_program-content.pdf



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