



HONG KONG SATIR CENTER
FOR HUMAN DEVELOPMENT

香港沙維雅人文發展中心

PERSONAL
GROWTH

DEVELOP
POTENTIAL

ENHANCE
COMMUNICATION

MAKING
CONTACT

Virginia Satir (1916-1988)



Virginia Satir established an international reputation in the practice of family therapy. Based on the belief that people are capable of continuing growth, change and new understanding of life, she worked to improve relationships and communication within the family system. She was not only a great therapist, but also an educator and a writer.

Referred to as the Mother of Family Therapy, Columbus of Family Therapy and Everybody's Family Therapist, Virginia Satir stayed at the forefront of human growth and family therapy until her death in 1988.

Hong Kong Satir Center for Human Development is a registered charitable institution (IRD ref: 91/3164), founded in 1989.

Objectives

To promote and develop the Satir Model and other humanistic approaches in counseling and therapy in Hong Kong.

Belief

People have the ability and internal resources to change and grow.

Mission

To support, connect and empower individuals, families and organizations through the Satir Model.

Services

- ◆ Personal growth workshops
- ◆ Professional counseling training
- ◆ Training service for other agencies
- ◆ Counseling and supervision services
- ◆ Publication and sale of books and other educational resources for sale



Opening Hours

Mon-Sat: 9:30am-9:30pm
Closed on Sunday and Public Holidays

Contact Us

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Fax: (852) 2339 1296
E-mail: office@hksatir.org
Website: www.hksatir.org
Address: 11/F, Breakthrough Centre,
No. 191 Woosung Street, Kowloon,
Hong Kong



Pledge for Donation

The Center operates on a charitable basis with the generous contribution by the volunteers. Nevertheless, we still appeal to you for donation as which is essential for our daily operations.

Personal Growth Workshop

Local and overseas trainers are invited to offer personal growth workshops. Those interested in pursuing self-understanding and harmonious inter-personal relationship are welcome to join.

Professional Counseling and Supervision Training

We train counselors and supervisors for effective use of the Satir Model in their practice. Local and overseas trainers are invited to lead training courses.

Training Services for Other Agencies

We accept invitations by other agencies of social services, education, religion, medical services and government departments, to offer training on specific topics:

- ◆ Parenting
- ◆ Sensitivity Training
- ◆ Counseling and Crisis Intervention
- ◆ Team Work and Communication
- ◆ Other Tailor-made Training

Counseling Service

We provide counseling services to individual, couple and family in Cantonese, Putonghua or English.

Our Goals

1. Help clients raise their self-esteem
2. Help clients understand self and others better
3. Help clients enrich relationship with others
4. Help clients make better choices to cope with problems

Counseling Fee

Category	Senior Counselor	Counselor	Counselor-in-training
Fee (for 60 minutes)	HK\$1100	HK\$450	HK\$150

- ◆ Fee reduction can be arranged in case of financial difficulties
- ◆ Telephone enquiry is welcome
- ◆ Confidentiality is guaranteed

Supervision Service

The Center provides a Satir way of supervision for the practicing counselors.

Our Goals

1. For counselors to review their use of the Satir Model in offering counseling
2. Develop a congruent self for effective counseling

Supervision Fee

Category/Type of Supervision/Fee per Head		Senior Supervisor	Supervisor	Supervisor-in-training
Individual (1 hour)	Member	\$700	\$250	\$100
	Non-member	\$900	\$500	\$150
Dyad (2 hours)	Member	\$500	\$230	\$100
	Non-member	\$800	\$400	\$150
Group (3 hours)	Member	\$400	\$200	\$100
	Non-member	\$700	\$300	\$150

- ◆ Please make appointment with our staff.

Counselors are expected to prepare below for the session:

1. Counselor's learning goals
2. A brief account of the case's presenting problems and progress
3. Family map of the client's family
4. A video tape on the counseling session (recommended)