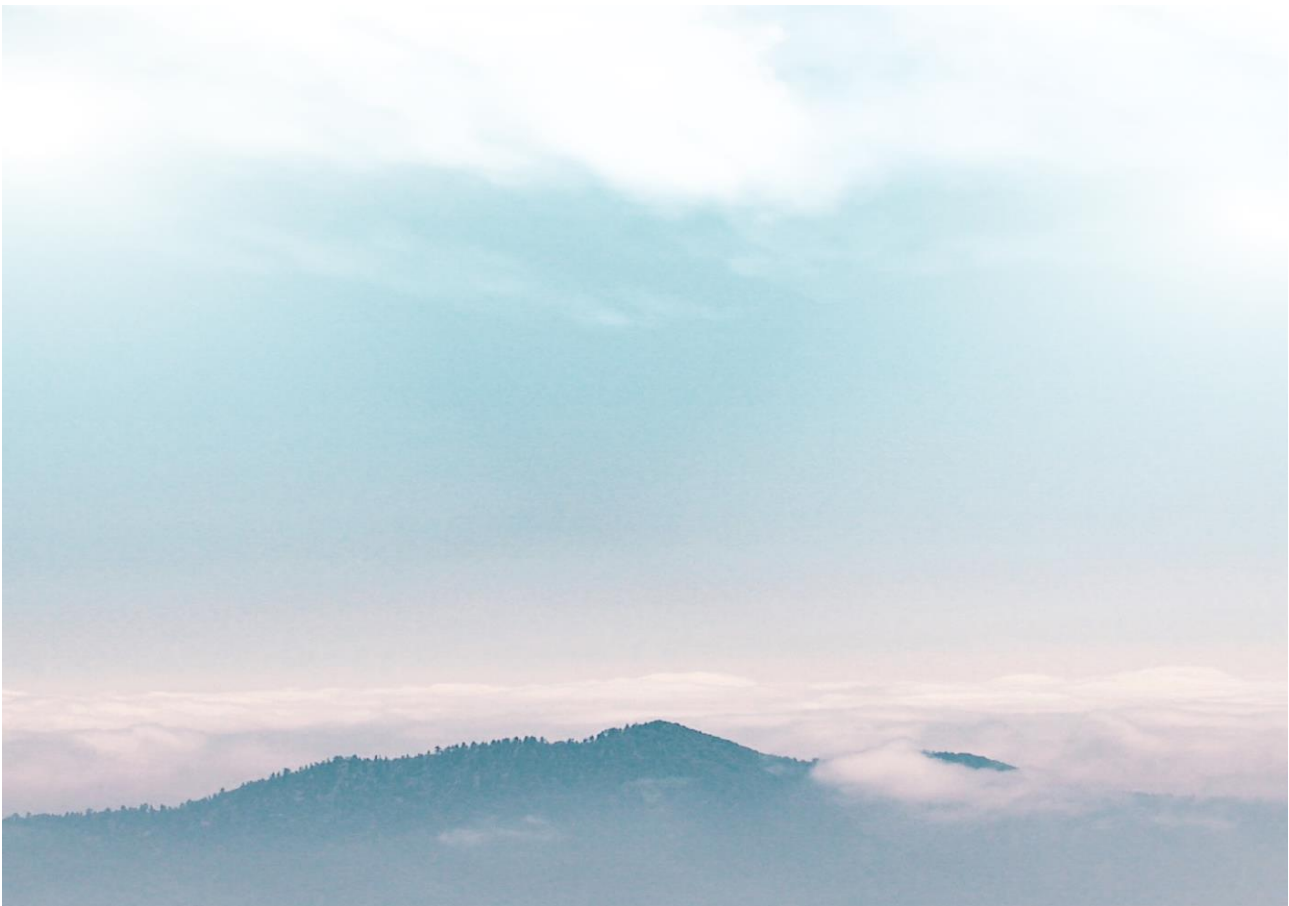




**Hong Kong Satir Center For Human Development
President Report
2023**



“Peace Within. Peace Between. Peace Among.”

Virginia Satir

The year of 2023 is still a challenging year for the Hong Kong community and our Centre. Fighting the epidemic could be tiring and exhausting, and it was natural to feel anxious in the state of uncertainty. As our daily routines restored, our vision was revisited and we had a clearer mission on the betterment of our society through quality counseling services for individuals and families and professional training for counselors and therapists. For counseling and supervision, we had a team of 86 senior and voluntary counselors and 14 supervisors. There were totally 544 cases and among which 430 were new ones, and the total number of counseling sessions was 3,073. To cater for those who had financial difficulties, fee waving was arranged for individual cases and the counseling program 'Walk with You' launched in August 2022. With these measures, counseling services with reduced rate were provided for 14 cases, and special rate for 175 cases. In view of this, the counseling program "Walk with You" will be extended to the next year. To uphold the quality of counseling services, 269 supervision sessions were provided for our counsellors. The Board would like to express our heartfelt appreciation and gratitude to our counsellors and supervisors who brought hopes and confidence to the service users.

For programs and courses, there were totally 34 programs conducted including 6 personal growth experiential workshops, 16 professional training, 10 service delivery by invitation (SDI) and 2 talks/online talks. None of these would have been possible without the contribution of Dr. Marie Lam who provided 18 personal and professional development programs including 'Exploring the Satir Model of Family Therapy for Personal & Professional Development - LVI', 'Unblock the Blockages - LVII', 'Workshop on Loss and Grief', 'Professional Counseling Certificate Course - PCCC'. Our sincere thanks also give to Ms. Chan Siu Ling who conducted 5 professional training programs including 'Foundation Counseling Course on Satir Model - FCC' and other programs. We would also like to pay special thanks to Dr. John Banmen, Dr. Beth Nemesh, Mr. Man Ka On, Dr. Cat Chung, Ms. Jennifer Chow, Ms. Connie Au, Ms. Angela Wong, Mr. Simon Leung and Mr. Christopher Ng for conducting training programs and talks for our Center and other NGOs. For programs and courses conducted in 2023, there were totally 908 attendances. Please refer to the Profile of the year 2023 for details.

For highlights of training programs, we are glad that with the concerted effort of our trainers and facilitators, the training workshops of the 14th Professional Counseling Certificate Course PCCC-14 were started smoothly and successfully in June 2023. Although overseas trainers could not visit Hong Kong in 2023, our learning with them was not interrupted. Dr. John Banmen gave online training for PCCC14 facilitators. Another online talk 'Creating internal balance using the Mandala of personal resources' was conducted by Dr. Beth Nemesh in October 2023.

For the training to our PCCC trainees and graduates, there were totally 4 in-house training programs conducted in this year, the topics includes Grief Counselling, Trauma Therapy, Therapy with Singing bowl, Sexual and Gender Diversity. We would like to express our appreciation to our PCCC graduates, including Ms. Agnes Tin, Ms. Kam Won, Ms. Wallace Tang and Mr. Chau Chun Yam for the fruitful sharing. Besides, we also concerned about the suicidal issue in Hong Kong recently. In order to provide support for our members and graduates, we had invited Ms. Angela Wong to conduct a special program on "Crisis Management on Suicide Cases" in December 2023.

For membership, we had a total number of 684 members including 177 Life members (Ordinary), 133 Life members (Professional), 257 Affiliate members, 110 Ordinary members and 7 Professional members. We would like to extend our appreciation and gratitude to them for their unfailing support to the Center.

I would like to express my appreciation to the Board of Directors of 2023, including Ms. Lee Wai Ki (Secretary), Mr. Caesar Chan (Treasurer), Ms. Rita Yip and Mr. Kelvin Chung (Program Directors), Mr. Simon Leung and Ms. Celine Lau (Counseling Directors), and Mr. Clarence Ching (Development Director) for their valuable contribution and team work throughout this year. Above all our sincere thanks must go to Ms. Karen Wong (Assistant manager), Ms. Nicole Kwok (Executive Officer), Ms. Perry Ng (Program Officer), Ms. Alena Cheung (Program Assistant) and Ms. Charlie Chai (Clerical Assistants) and Ms. Annie Yu (Part-time Clerical Assistants) for their outstanding team effort which won the compliment of service users and program participants.

We would like to send our regards to the Board of Directors in the coming year, trainers, supervisors and voluntary counsellors for your enthusiasm in living out the Satir spirit. May we all have peace within, peace between and peace among in 2024.

Angela Wong
President of Board of Directors 2023
Hong Kong Satir Center for Human Development

Profile for Year 2023

At the end of September 2023, the Center had a total of 544 active cases. From October 2022 to September 2023, we had 86 counselors having offered 3,073 sessions while 14 supervisors offered 269 supervision sessions. Being a charitable organization, the Center granted fee reduction to 14 counseling cases with an estimated subsidy of HK\$24,750.

<u>List of Board of Directors</u>	<u>List of Staff</u>
Ms. Angela Wong (President)	Ms. Karen Wong (Assistant Manager)
Ms. Lee Wai Ki (Secretary)	Ms. Nicole Kwok (Executive Officer)
Mr. Caesar Chan (Treasurer)	Ms. Perry Ng (Program Officer)
Ms. Rita Yip (Program Director)	Ms. Alena Cheung (Program Assistant)
Mr. Kelvin Chung (Program Director)	Ms. Charlie Chai (Clerical Assistant)
Mr. Simon Leung (Counselling Director)	Ms. Annie Yu (Part-time Clerical Assistant)
Ms. Celine Lau (Counselling Director)	
Mr. Clarence Ching (Development Director)	

Membership (As at end of October 2023)

<u>Categories</u>	<u>No. of Heads</u>
Affiliate	257
Ordinary	287
Professional	140
Total	684

Program Summary

<u>Program</u>	<u>No. of Program</u>	<u>Attendance</u>
Personal Growth Experiential Workshop	6	127
Professional Training	16	157
Conference, Seminar & Talk	2	152
Service Delivery by Invitation	10	472
Total	34	908

Trainer	Program Name	Code	Date
Personal Growth Experiential Workshop			
Dr. Marie Lam	Exploring the Satir Model of Family Therapy for Personal & Professional Development	LV1-23	16-19 February 2023
		2LV1-23	27-30 April 2023
		3LV1-23	27-30 July 2023
		4LV1-23	14-17 September 2023
	“Loss and Grief”	PG-23	23-26 March 2023
	“Unblock the Blockages”	LV2-23	25-28 Apr 2023
Professional Training			
Dr. John Banmen	Professional Counseling Certificate Course 14: Counseling Practicum 2	PCCC 14 CP2	21-23 October 2023
	Professional Counseling Certificate Course 13: Facilitators' Training	PCCC 14 FT2 (II)	10 September 2023
		PCCC 14 FT2 (III)	14 October 2023
		PCCC 14 FT3 (III)	31 December 2023
Dr. Marie Lam	Professional Counseling Certificate Course 14: Counseling Practicum	PCCC14 CP1	30 June - 2 July 2023
		PCCC14 CP2	21-23 October 2023
	Professional Counseling Certificate Course 14: Facilitator Training	PCCC14 FT1 (I)	18 May 2023
		PCCC14 FT1 (II)	27 June 2023
		PCCC14 FT2 (I)	1 August 2023
		PCCC14 FT2 (II)	10 September 2023
		PCCC14 FT2(III)	14 October 2023
		PCCC14 FT2 (IV)	17 October 2023
		PCCC14 FT3 (I)	27 November 2023
		PCCC14 FT3 (II)	21 December 2023
		PCCC14 FT3 (III)	31 December 2023
Ms. Chan Siu Ling	Foundation Counseling Course on Satir Model	FCC-23	11-12 & 25-26 February 2023
		2FCC-23	6-7 & 20-21 May 2023
		3FCC-23	5-6 & 12-13 August 2023
		4FCC-23	16-17 December 2023 & 6-7 January 2024
	Supplementary Session	SCT-23	8 February 2023
Talk & Conference			

Dr. Beth Nemesh	Online Program: From Dissonance to Harmony- Integrating Music & Arts with the Satir Model Using the Mandala of Internal Resources to Create Balance	IS-23	7 October 2023
Ms. Angela Wong	Crisis Management on Suicide Cases		6 December 2023
<u>Service Delivery by Invitation</u>			
Dr. Marie Lam	Basic Training Course on the Application of the Satir Model in Individual and Family Cases	SDI23-007	28 & 30 November 2023
Dr. Cat Chung	Positive communication with Child	SDI22-010	6 January 2023
	Elderly talk: How to deal with interpersonal relationship	SDI22-015	13 February 2023
Ms. Connie Au	Workshop: "Meeting the self"	SDI23-001	22 February 2023
	Parenting Talk: "Listen to your heart"	SDI23-002	19 May 2023
Mr. Man Ka On	How to communicate with Elderly	SDI23-005	20 April 2023
Mr. Simon Leung	Parenting Talk: 1 Effective Communication with Children	SDI23-004	6 May 2023
	Parenting Talk: 2. Know more about Emotion	SDI23-004	10 June 2023
Ms. Jennifer Chow	Talk 1: "Stress"	SDI23-003	1 June 2023
	Talk 2: "Self Esteem"	SDI23-003	9 June 2023
Ms. Angela Wong	Introduction and Application of Satir Model	SDI23-006	8 & 15 August 2023
Mr. Christopher Ng	New People Making	SDI23-009	10 August 2023