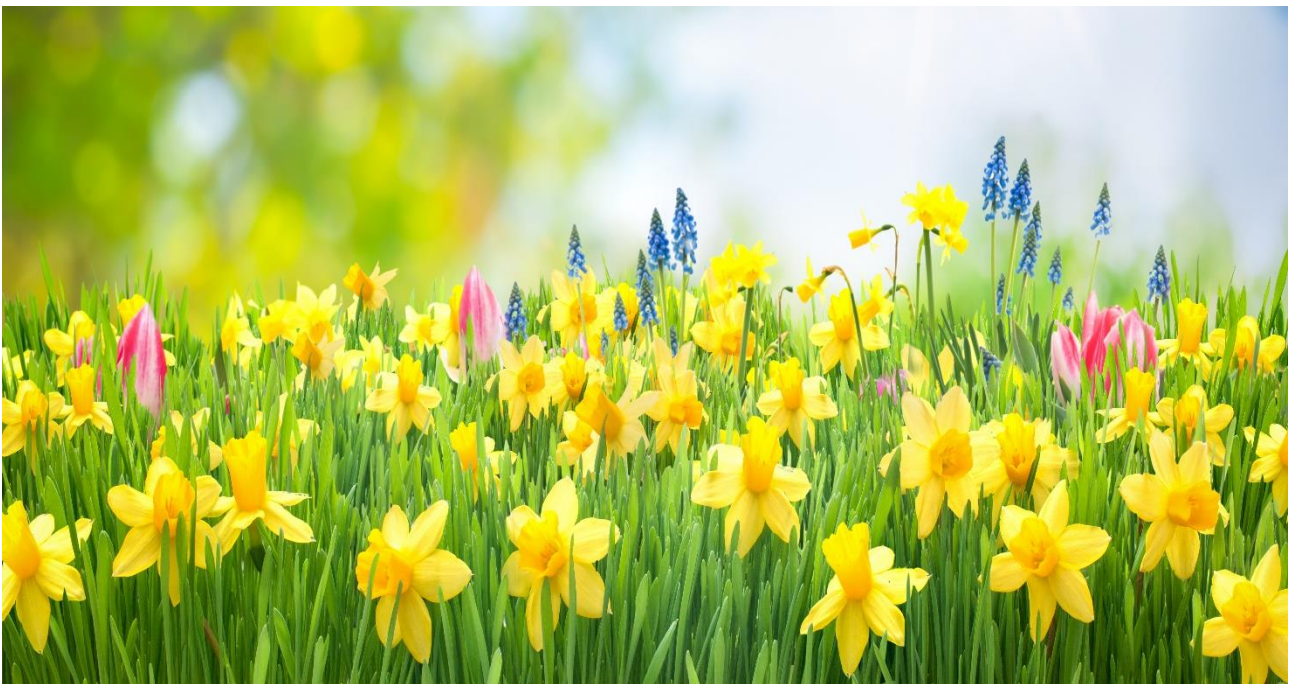




**Hong Kong Satir Center For Human Development  
President Report  
2024**



*“Peace Within. Peace Between. Peace Among.”*

*Virginia Satir*

In 2024, a year marked by global and economic turbulence after the epidemic, Satir Center continued to advance in resilience and in the journey of growth.

No matter what the situation is, our vision was revisited and we had a clearer mission on the betterment of our society through quality counseling services for individuals and families and professional training for counselors and therapists. For counseling and supervision, we had a team of 97 senior and voluntary counselors and 13 supervisors. There were totally 722 cases and among which 310 were new ones, and the total number of counseling sessions was 2,945. To cater for those who had financial difficulties, fee waving was arranged for individual cases and under the scheme of 'Walk with You'. With these measures, counseling services with reduced rate were provided for 8 cases, and special rate for 259 cases. In view of the need of the society, the scheme "Walk with You" would be extended to June of the next year. To uphold the quality of counseling services, 247 supervision sessions were provided for our counsellors. The Board would like to express our heartfelt appreciation and gratitude to our counsellors and supervisors who brought hopes and confidence to the service users.

For programs and courses, there were totally 36 programs conducted including 7 personal growth experiential workshops, 17 professional training, 11 service delivery by invitation (SDI) and 1 online talk. We would like to give special thanks to Dr. John Banmen. Although he could not visit Hong Kong in person, he still concerned and supported the development of our Center. He gave online training for PCCC14 facilitators and trainees. He also provided an online talk on "From Survival to Co-creating One's Reality using the Satir Mode" to the public in June 2024.

All practicum workshops of the 14th Professional Counseling Certificate Course (PCCC-14) were completed smoothly and successfully. None of these would have been possible without the contribution of Dr. Marie Lam who provided 17 personal and professional development programs including 'Exploring the Satir Model of Family Therapy for Personal & Professional Development - LVI', 'Unblock the Blockages - LVII', 'Workshop on Loss and Grief', 'Professional Counseling Certificate Course - PCCC', 'When I meet someone – Supervision workshop'. Our sincere thanks also give to Ms. Chan Siu Ling who conducted 5 professional training programs including 'Foundation Counseling Course on Satir Model - FCC', PCCC supplementary sessions and supervision program. We would also like to pay special thanks to Ms. Connie Au, Dr. Cat Chung, Ms. Jennifer Chow, Ms. Kam Ming, Ms. Rita Yip, Mr. Simon Leung and Mr. Christopher Ng for conducting training programs and talks for our Center and other NGOs. For personal growth and professional programs conducted in 2024, there were totally 369 attendances. Please refer to the Profile of the year 2024 for details.

For the training to our PCCC trainees and graduates, there were totally 3 in-house training programs conducted in this year, the topics includes parenting work, group work experience and Mindfulness.

We would like to express our appreciation to our PCCC/ FRT graduates, including Ms. Connie Au, Ms. Jennifer Chow, Ms. Tang Yuen Yee and Mr. Raymond Chan for the fruitful sharing.

For membership, we had a total number of 609 members including 183 Life members (Ordinary), 133 Life members (Professional), 194 Affiliate members, 92 Ordinary members and 7 Professional members. We would like to extend our appreciation and gratitude to them for their unfailing support to the Center.

Last but not the least, I would like to express my appreciation to the Board of Directors of 2024, including Ms. Lee Wai Ki (Secretary), Mr. Caesar Chan (Treasurer), Ms. Rita Yip and Mr. Kelvin Chung (Program Directors), Mr. Simon Leung and Ms. Kam Ming (Counseling Directors) for their valuable contribution and team work throughout this year. Above all our sincere thanks must go to Ms. Karen Wong (Assistant manager), Ms. Naka Yeung (Executive Officer), Ms. Perry Ng (Program Officer), Ms. Raven Ho (Program Assistant), Ms. Charlie Chai (Clerical Assistants), Ms. Kristin To and Ms. Annie Yu (Part-time Clerical Assistants) for their outstanding team effort which won the compliment of service users and program participants.

We would like to send our warmest regards to the Board of Directors in the coming year, trainers, supervisors and voluntary counsellors for your enthusiasm in living out the Satir spirit. May we all have peace within, peace between and peace among in 2025.

Angela Wong

President of Board of Directors 2024

Hong Kong Satir Center for Human Development

## Profile for Year 2024

At the end of October 2024, the Center had a total of 722 active cases. From November 2023 to October 2024, we had 95 counselors having offered 2,945 sessions while 13 supervisors offered 247 supervision sessions. Being a charitable organization, the Center granted fee reduction to 8 counseling cases with an estimated subsidy of HK\$18,000.

<u>List of Board of Directors</u>	<u>List of Staff</u>
Ms. Angela Wong (President)	Ms. Karen Wong (Assistant Manager)
Ms. Lee Wai Ki (Secretary)	Ms. Naka (Executive Officer)
Mr. Caesar Chan (Treasurer)	Ms. Perry Ng (Program Officer)
Ms. Rita Yip (Program Director)	Ms. Raven Ho (Program Assistant)
Mr. Kelvin Chung (Program Director)	Ms. Charlie Chai (Clerical Assistant)
Mr. Simon Leung (Counselling Director)	Ms. Kristin To (Part-time Clerical Assistant)
Ms. Kam Ming (Counselling Director)	Ms. Annie Yu (Part-time Clerical Assistant)

## Membership (As at end of October 2024)

<b>Categories</b>	<b>No. of Heads</b>
Affiliate	194
Ordinary	275
Professional	140
Total	609

## Program Summary (January to December 2024)

<b>Program</b>	<b>No. of Program</b>	<b>Attendance</b>
Personal Growth Experiential Workshop	7	142
Professional Training	17	284
Conference, Seminar & Talk	1	268
Service Delivery by Invitation	11	369
Total	36	1063

Trainer	Program Name	Code	Date
<b>Personal Growth Experiential Workshop</b>			
Dr. Marie Lam	Exploring the Satir Model of Family Therapy for Personal & Professional Development	LV1-24	11-14 Jan 2024
		2LV1-24	4-7 Apr 2024
		3LV1-24	11-14 Jul 2024
		4LV1-24	21-24 Nov 2024
	"Loss and Grief"	PG-24	9-12 May 2024
	"Unblock the Blockages"	LV2-24	22-25 Feb 2024
2LV2-24		12-15 Sep 2024	
<b>Professional Training</b>			
Dr. John Banmen & Dr. Marie Lam	Professional Counseling Certificate Course 14: Counseling Practicum	PCCC 14 CP3	20-21 Jan 2024 & 3-4 Feb 2024
		PCCC 14 CP4	13-14 Apr 2024 & 27-28 Apr 2024
		PCCC 14 CP5	20-21 Jul 2024 & 27-28 Jul 2024
Dr. John Banmen	Professional Counseling Certificate Course 13: Facilitators' Training	PCCC 14 FT4 (I)	4 Apr 2024
		PCCC 14 FT5 (I)	22 Jun 2024
Dr. Marie Lam	Professional Counseling Certificate Course 14: Facilitator Training	PCCC14 FT3 (IV)	16 Jan 2024
		PCCC14 FT4 (II)	11 Apr 2024
		PCCC14 FT5 (II)	10 Jul 2024
		PCCC14 FT5 (III)	16 Jul 2024
		PCCC14 FM	17 Oct 2024
	"When I meet someone"	SUP-24	30 Nov -1 Dec 2024
Ms. Chan Siu Ling	Foundation Counseling Course on Satir Model	FCC-24	11-12 & 25-26 February 2023
		2FCC-24	6-7 & 20-21 May 2023
		3FCC-24	5-6 & 12-13 August 2023
		4FCC-24	16-17 December 2023 & 6-7 January 2024
	Supplementary Session	SCT-24	2 Sep 2024
		2SCT-24	19 Sep 2024
	Supervision workshop by using Satir Model	SMSW-24	28 Dec 2024
<b>Talk &amp; Conference</b>			
Dr. John Banmen	Online Program: From Survival to Co-creating One's Reality using the Satir Model	JB talk	23 Jun 2024

**Service Delivery by Invitation**

Ms. Angela Wong	Retreat program 2024-Team building & communication	SDI23-019	7 Jan 2024
Ms. Rita Yip	Introduction & application of Satir Model	SDI23-018	8-9 Feb 2024
	Parenting talk: "Positive Education"	SDI24-014	16 Jun 2024
Ms. Jennifer Chow	Parenting talk: "Loving Kids"	SDI23-016	18 Apr 2024
Mr. Christopher Ng	Introduction to Satir Model	SDI24-001	9 May, 16 May, 23 May 2024
Ms. Connie Au	Parenting Talk: Improve Children's social skill	SDI24-002	24 May 2024
	Parenting workshop: How to communicate with our kids?	SDI24-006	28 Jun 2024
Ms. Kam Ming	"I can live with freedom" Personal growth Day Camp	SDI24-005	25 May 2024
Mr. Simon Leung	Parenting program: To be more congruent	SDI23-020	6 Jun 2024
Ms. Cat Chung	Workshop: Who am I?	SDI24-004	2 Jul 2024
Ms. Chan Siu Ling	Parenting group by using Satir Model	SDI23-006	24 & 31Oct, 14& 28 Nov, 5 & 12 Dec 2024